

Meet Holistic Mom Mayim Bialik

HMN Celebrity Spokesperson to Speak at Go Green Expo, Los Angeles

Caldwell, NJ - January 19, 2010 -

The **Holistic Moms Network** (HMN), a non-profit organization dedicated to creating supportive communities of holistic-minded parents, today announced that Mayim Bialik, HMN celebrity spokesperson, will join a panel discussion at the Los Angeles Go Green Expo (January 22-24) and will also participate in a "meet and greet" at the HMN Exhibitor Booth (#253) following the panel discussion.

Founded in 2008, the Go Green Expo is a traveling event that helps showcase a variety of eco-friendly companies, organizations, and speakers in cities across the nation each year. On Saturday, January 23, 2010 at 11:00am, Bialik and four others will speak at the expo about *Children and the Environment: Early Education of Our Future Generations*. Afterwards, Bialik will visit the HMN booth from 1:00-2:00pm to meet and greet HMN leaders, members, and booth visitors.



Bialik, who earned her Ph.D. in neuroscience, is a popular actress, mother of two young sons, and long-time Holistic Moms Network member. She is passionate about child and environmental welfare. "As a holistic parent and spokesperson for HMN, I am thrilled to have this opportunity to share my holistic beliefs with a wider audience," said Bialik. "My goal is to teach others about the clear links between a child's health and well-being and the health and well-being of our planet."

"We are very excited that Mayim will be speaking at the L.A. Go Green Expo about such a timely and important topic," said Nancy Massotto, Executive Director of Holistic Moms Network. "Not only is this an excellent opportunity for her to spread the word about holistic living, it will also give many of our current and future members a chance to meet and connect with one of the famous faces of HMN."

Holistic Moms Network members and friends can register for the Go Green Expo online and receive discounted tickets using promotional code "HOLISTIC".

To learn more about the Holistic Moms Network and Go Green Expo, visit us online at www.holisticmoms.org and www.gogreenexpo.com.

About the Holistic Moms Network

The Holistic Moms Network is a non-profit organization connecting parents who are passionate about holistic health and green living. HMN's mission is to support and educate parents about natural living and to help them explore holistic options that are available to them. The network has more than 120 Chapters across North America where parents connect, learn, and build a sense of community. Through local meetings, dynamic e-mail discussion loops, an informative e-newsletter, and more, members build strong support networks and often share life-changing advice and information that empowers them to create positive change within their families and their communities. For more information visit the organization's website at www.holisticmoms.org or contact us at info@holisticmoms.org or 877-HOL-MOMS.