



## Online Member Community Instructions

Our Online Member Community (OMC) is the national forum of the Holistic Moms Network where members from all chapters gather to ask for and offer support, ideas and resources. In order to join the OMC, you'll need to take the following steps. Remember, membership in HMN and membership in the OMC are two separate steps! If you are not yet a member, please join us at <http://membership.holisticmoms.org> first before proceeding. Thank you!

If you have NEVER been to the new community page, these are the instructions for you!

1. Go to [www.holisticmoms.net](http://www.holisticmoms.net) and either on the top brown bar or in the top right box, click Sign Up
2. The screen will read: "Sign Up for Holistic Moms Network Online Member Community Apply for membership now. If you're already a member, sign in." Since you've never been to this site before, you are not a member of the OMC yet – you need to complete the process for membership to the OMC.
3. Fill in the boxes for email address, a password and then retype your password.
4. Enter your birthdate –or– if you don't want to share that information, enter a date you'll remember. This will be required if you need assistance later to reset your password if you forget it. This information is part of the site security and is not maintained by HMN.
5. Type the two words in the box (spam protection)
6. Click the button that says "Sign Up"
7. Your membership request is then sent to the administrators for the OMC and will be approved within 36 hours and you'll receive a Welcome email to let you know you've been approved.
8. For access to your chapter's group, you will receive a separate email with a link. Click on that link to your chapter's group page for announcements and private forums.

If you have completed the process to sign up for the OMC and have received your Welcome email, you are a member of the OMC. To access the community, simply click on "sign in" and enter your email and password in the appropriate boxes.

If you have difficulty with signing in, please click on the appropriate help question on the "sign in" page (Forgot your password? or Problems signing in?) to be connected to the help center. Any additional questions should be directed to [tech@holisticmoms.org](mailto:tech@holisticmoms.org). Enjoy!