



HOLISTIC MOMS NETWORK ANNOUNCES 2012 NATURAL LIVING CONFERENCE ANNUAL EVENT FEATURES ANDREA BEAMAN, TOP CHEF CONTESTANT, AND TODRA PAYNE, NATURAL BEAUTY EXPERT

May 2, 2012 -- The Holistic Moms Network (www.holisticmoms.org) announced today their 9th Annual Natural Living Conference will be held at the Doubletree Magnificent Mile in Chicago, IL on Saturday, October 13, 2012.

The conference is held annually to share information on holistic living and parenting and draws between 300 and 400 attendees, exhibitors and sponsors. This is the first year the event is taking place in the Midwest. The Holistic Moms Network is a national non-profit organization that connects parents interested in holistic health and green living.

This year's Keynote Speakers are former *Top Chef* contestant, author, and natural foods expert Andrea Beaman speaking on "Natural Healing Through Food" and author and president of the National Vaccine Information Center Barbara Loe Fisher. Workshop Speakers include natural beauty expert and *Kiwi Magazine* columnist Todra Payne; integrative pediatrician Dr. David W. Miller and author Jeffrey Cohen; and gluten-free expert and chef Denise SanFilippo.

"This year's event looks at some of the hottest issues in natural parenting, from the benefits of a whole foods diet to toxins in our beauty products," says HMN founder and Director Nancy Massotto, Ph.D. "Today's moms are passionate about choosing a healthy, sustainable lifestyle and our sessions will empower them to make informed choices for themselves and their families."

The annual event unites members and attendees from across the country who share an interest in holistic living and parenting. Community-building and support are at the heart of HMN's mission. "Connecting parents to each other, as well as to companies and brands that they can trust, helps them to make positive lifestyle changes," said Massotto.

In addition to the speakers, the event will feature natural products industry leaders and Sponsors such as Organic Valley, Applegate Farms, Boiron, and Floradix. The Natural Living Conference also includes a Holistic Exhibit Hall with a wide range of vendors offering products and services for families looking for organic and green lifestyle options.

Attendee registration begins at \$85 per person for early registration (\$75 for HMN members) and includes Keynote Speakers, one workshop session, a healthy buffet lunch, access to the large Holistic Exhibit Hall and more. To register for the conference, visit <http://annualconference.holisticmoms.org>.

HMN welcomes holistic businesses and practitioners as exhibitors and advertisers at this unique event. Opportunities to participate may also be found on the website or by contacting

HMN at 877-HOL-MOMS.

About the Holistic Moms Network:

The Holistic Moms Network is a national, membership-based and managed, non-profit organization with more than 100 chapters across the US. The organization is headquartered in Caldwell, New Jersey and launched its first chapter in 2003 in Essex County, NJ. The purpose of the Holistic Moms Network is to provide awareness, education, and support for holistic parenting and to offer a nurturing, open-minded and respectful community for parents to share these ideals. Members' interests include: natural health and wellness, nutrition and organic whole foods, integrative/alternative medicine, natural childbirth and breastfeeding, positive parenting, and non-toxic, eco-friendly living. Members can participate in educational meetings, local playgroups, and social events in local chapters across the United States. For more information, please visit: www.holisticmoms.org or contact HMN at 877-HOL-MOMS.

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